

SAYSOMETHING

ANONYMOUS REPORTING SYSTEM

SEE IT. REPORT IT.



MOBILE APP



1-844-5-SAYNOW



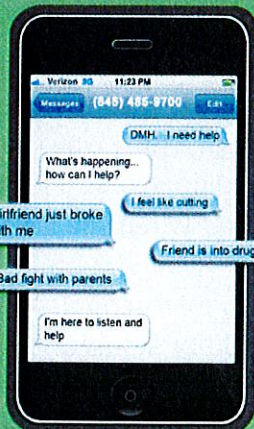
SAYSOMETHING.NET

NEED 2 TALK?

Dutchess

TEXTS

Life out of control?
Friend needs help?
Need someone to talk to?



TALK or TEXT
(845) 485-9700

or call toll-free (877) 485-9700

**Dutchess County
HELPLINE APP**



Experienced people who care and can help
are available every day, 24/7

The HELPLINE Service is brought to you by
**Dutchess County Department of
Behavioral & Community Health**

dutchessny.gov/HELPLINE

