Medical Examination for Organized Interscholastic Athletic Activities

Commissioner’s Regulation 135.4, subsection (e)1 (vii) requires school districts “to provide adequate health examinations before participation in strenuous activity and periodically throughout the season and to permit no pupil to participate in such activity without the approval of the school medical officer” is synonymous with the term “school physician.”

In reference to such health examinations, the following practices will be used:

1. The Red Hook Central School District will provide medical examinations for organized interscholastic athletic activities at school district expense for those students who choose to use these services. The district will accept medical examination from any physician licensed by New York State to practice medicine.

2. A student must be examined by his/her personal physician or the school physician after June 1 for the upcoming school year. A certification must be signed by the physician and such certification should comply with the New York State Education Department guidelines for sports history and physical exams.

3. Should review by the school nurse reveal a disqualifying disability which he/she cannot resolve with the child’s physician, the school physician must be notified. The school physician at his/her discretion may speak with the personal physician or examine the child himself/herself to resolve the eligibility question.

4. The school physician will have the final say in case of disagreement with personal physician.

5. The examination and approval of the school physician or the pupil’s family physician will indicate the category or categories of activities in which the student may participate.

6. Any pupil whose safe participation is in question as a result of the health history interview, an injury, or prolonged absence must be re-qualified by the school or personal physician prior to participation.

7. The student’s cumulative health record should be available to the school or personal physician.