

**November 29, 2020**

**Dear Red Hook Central School District Community:**

The Red Hook Central School District received notification of **a positive COVID-19 result for one student at Red Hook High School and one symptomatic epi-linked student at Linden Avenue Middle School.** As a result, these individuals are currently isolated, and due to federal health privacy laws, further information about their Identity or condition cannot be released. We are working collaboratively with the Dutchess County Department of Health, and as always, the safety of our students and staff is our highest priority.

The high school student has not been in attendance since November 10<sup>th</sup> and the middle school student has not be in attendance since November 20<sup>th</sup>, therefore no further action needs to be taken by the school district.

**If your child shows any symptoms of COVID-19, it is essential that you keep your child home. If your child tests positive for COVID-19, families must notify the school so we can follow our contact tracing protocols. If you or a member of your family are awaiting test results, please keep your child home.**

We continue to enforce strict health and safety guidelines and contact tracing in our schools. As a reminder, symptoms of COVID-19 include one or more of the following below:

- \*fever or chills
- \*scratchy or sore throat
- \*headache
- \*new loss of taste or smell
- \*muscle or body aches
- \*shortness of breath or difficulty breathing
- \*nausea or vomiting
- \*diarrhea
- \*cough

If you are experiencing any of these symptoms, stay home from work or school and contact your healthcare provider. In the event you are unable to see your child's healthcare provider, or your child does not have a healthcare provider, Pulse MD Urgent Care, located at 696 Dutchess Turnpike, Poughkeepsie, NY, is working with Red Hook Schools to enable the school district to book an appointment for your child for a virtual visit with one of their healthcare providers who will then determine if your child will need COVID-19 testing. Please check with your health insurance company prior to testing to be sure all costs are covered. If your child is not covered by health insurance, please discuss with

the school nurse about how the school can aid with payment. The phone number for Pulse MD Urgent Care is (845) 243-7100.

As a reminder, we will resume our hybrid schedule tomorrow, November 30<sup>th</sup>. Thank you for your support during these challenging times.