EAP counseling services reminder

Educators’ EAP <clientservice@theeap.com>
Thu 1/7/2021 1:44 PM
To: Elena Maskell <emaskell@rhcsd.org>

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Dear Elena,

We are hearing that many people are worried and concerned by recent national events. This is an opportune time to remind your employees that they have access to a counseling benefit through their Employee Assistance Program (EAP). Below is a draft that you might consider issuing.

Sincerely,

Kathleen Jahnke, Chief Clinical Officer
ESI Employee Assistance Group

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EAP counseling services reminder

Many people are feeling upset, worried, or stressed about recent national news and events. While none of us can control the events around us, we do have power over how we react.

If you are feeling stress, anxiety, depression or anger about political, national or world events, please remember that one of your benefits is an Employee Assistance Program (EAP). Their counseling line is open 24/7/365. While EAP counselors do not deal with political issues, they can help you process feelings, deal with stress, and find appropriate ways to handle your emotions.

The counseling line is free and confidential and available around the clock. Simply call 800.252.4555.

800.252.4555
www.theEAP.com/Educators-EAP

ESI EAP

Clients of ESI Employee Assistance Group have received this email to relay information about the employee assistance benefits for your organization. The EAP is a confidential benefit available to you, your employees and their family members.